

**Sarpy County Swim Club Masters**  
**SCSC Masters March Madness Meet**  
**Sunday, March 1, 2026**  
Short Course Yards (SCY)  
Sanctioned by Nebraska Masters Swimming LMSC for USMS, Inc.

- SANCTION:** Sanctioned by Nebraska Masters Swimming LMSC for USMS, Inc.
- LOCATION:** Papillion-La Vista High School – Use southeast pool entrance  
303 E Cary St., Papillion NE 68046
- POOL:**
- Indoor 6 lane pool with warm down area and spectator seating. Daktronics timing system with touchpads at start end only, 6-lane scoreboard, electronic button timers for back up.
  - Short Course Yards, indoor, 6 lanes, Competitor lane lines including lane ropes outside of Lanes 1 and 6
  - The water depth of the competition pool when measured for a distance of 1 meter to 3 meters from the start wall is 12ft to 12ft 6in and the water depth at the turn end when measured for a distance of 1 meter to 3 meters is 4ft to 4ft 5in.
  - The primary timing system will be automatic timing. Times from this competition will be eligible for USMS records and Top 10 consideration, but not for world records.
  - The length of the competition course is not on file with USMS. Eligibility of times achieved in this meet will be contingent upon pool length measurement and approval with USMS; if bulkheads are present, their placement must also be confirmed by measurements at the meet (USMS articles 105.1.7 and 106.2.1).
- WARMUPS:** Five lanes will be used for competition. The sixth lane and bulkhead area will be available for continuous warm up and cool down.
- SCHEDULE:** Registration/Check-In: Begins at 6:45 AM  
Warm-Up: 7:00 AM – 8:05 AM  
Meet Start Time: 8:15 AM
- MEET DIRECTOR:** Aidan Cho 402-609-0481 [aidan@sarpycountyswimclub.com](mailto:aidan@sarpycountyswimclub.com)
- MEET WEBSITE:** Meet information and registration can be found at [www.sarpycountyswimclub.com/mastersmarchmadness](http://www.sarpycountyswimclub.com/mastersmarchmadness)
- RULES:** Current USMS rules apply. All events are timed finals and will be pre-seeded slowest to fastest with men and women seeded separate. All participants must be age 18 or older and registered members of U.S. Masters Swimming for 2026.
- Individual competition is in age groups of 18-24, 25-29, 30-34, 35-39, etc. Relay age groups are 18+, 25+, 35+, 45+, etc. The youngest member of the relay determines your age group. All four swimmers must be registered with the same club for relays. Relays may be mixed genders.
- ENTRY PROCEDURE:** Meet entry fee is \$30.00. Relays are \$5 per swimmer (deck entry only). Day of deck entry fees (non-relay) are \$8 surcharge, plus \$5/event (open lanes only). Meet is open to all 2026 USMS registered swimmers. **Individual event entries close on Wednesday, February 25 at 11:59pm.**
- Swimmers may enter a maximum of six (6) individual events and two (2) relays. Since the events are shorter distances and there are fewer events, be aware that this meet may run quickly, and you might not get much rest between events. Your age as of March 1, 2026, determines your age group eligibility.
- Relay entries will be deck entered and deck seeded at the meet. Relay cards are due to the meet host by 7:50am
- Individual entries should be completed through RegFox. Individuals unable to submit entries through the online link should contact the meet director. Relay entries and payment (cash/card/check) can be submitted via paper form to host club day of meet.

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### SCORING & AWARDS:

Scoring by age group and gender. 6-place scoring used: 7-5-4-3-2-1.

**Top 3 teams with the highest team scores will receive a meet award.** If no one from your team can pick up your team award at the conclusion of the meet, please contact the meet director to arrange alternate pick up or shipping (at your expense).

All four swimmers must be registered with the same club for relay points.

### GENERAL INFORMATION

At the meet directors' discretion, the 500 freestyle may be limited by date entries are received, depending on meet timeline. SCSC is hosting the Midwestern Swimming 8 & Under SC Invitational during the afternoon on 3/1.

### Order of Events

- |    |                               |    |                               |
|----|-------------------------------|----|-------------------------------|
| 1  | 200yd Freestyle Relay         | 11 | Mixed 100yd Backstroke        |
|    | <i>5 Minute Break</i>         |    | <i>5 Minute Break</i>         |
| 2  | Mixed 200yd Butterfly         | 12 | Mixed 200yd Individual Medley |
| 3  | Mixed 100yd Individual Medley | 13 | Mixed 50yd Freestyle          |
| 4  | Mixed 200yd Freestyle         |    | <i>5 Minute Break</i>         |
|    | <i>5 Minute Break</i>         | 14 | Mixed 100yd Butterfly         |
| 5  | Mixed 100yd Breaststroke      | 15 | Mixed 200yd Backstroke        |
| 6  | Mixed 50yd Backstroke         | 16 | Mixed 50yd Breaststroke       |
| 7  | Mixed 400yd Individual Medley |    | <i>5 Minute Break</i>         |
| 8  | Mixed 100yd Freestyle         | 17 | 200yd Medley Relay            |
|    | <i>5 Minute Break</i>         |    | <i>10 Minute Break</i>        |
| 9  | 200yd Breaststroke            | 18 | Mixed 500yd Freestyle         |
| 10 | Mixed 50yd Butterfly          |    |                               |