

SCSC Masters Pancake Pentathlon - 9/14/2025

Psych Sheet - Sunday Morning

Event 4 Women 100 Yard IM

	Name	Age	Team	Seed Time
1	Jahn, Cassie	29	OMAHA-NB	1:04.38
2	Rand, Amber	50	DSMY-IA	1:13.58
3	Kirby, Jennifer	55	SDPM-SD	1:13.65
4	Lewis, Hope	19	SCSCM-NB	1:24.38
5	Banner, Sara	48	MOVY-MV	1:36.01
6	Jangulo, Sallay	22	SCSCM-NB	1:37.28
7	Newrones, Shaun	54	SCSCM-NB	1:40.87

Event 5 Men 100 Yard IM

	Name	Age	Team	Seed Time
1	Sondag, Tyler	29	CGCC-NB	1:04.50
2	Kyle, Kevin	59	SDPM-SD	1:08.00
3	Armstrong, Joshua	49	LMAO-NB	1:10.00
4	Krasser, Troy	52	SCSCM-NB	1:17.30
5	LeMaster, Stan	77	SWIA-IA	1:21.45
6	Kleman, Rolly	75	CGCC-NB	1:57.89
7	Lowe, AJ	43	AWYY-GA	NT

Event 6 Women 50 Yard Butterfly

	Name	Age	Team	Seed Time
1	Jahn, Cassie	29	OMAHA-NB	27.75
2	Lewis, Hope	19	SCSCM-NB	31.25
3	Kirby, Jennifer	55	SDPM-SD	33.03
4	Jangulo, Sallay	22	SCSCM-NB	46.40
5	Newrones, Shaun	54	SCSCM-NB	NT

Event 7 Men 50 Yard Butterfly

	Name	Age	Team	Seed Time
1	Garvey, Jeff	25	UC-29-NB	25.98
2	Stanton, Grayson	25	UC-29-NB	26.00
3	Lowe, AJ	43	AWYY-GA	28.12
4	Sondag, Tyler	29	CGCC-NB	28.55
5	Armstrong, Joshua	49	LMAO-NB	30.00
6	LeMaster, Stan	77	SWIA-IA	39.08
7	Prescott, Tom	51	SWIA-IA	44.00
8	Krasser, Troy	52	SCSCM-NB	NT

Event 8 Women 100 Yard Butterfly

	Name	Age	Team	Seed Time
1	Delsenno, Kimberly	50	OMAHA-NB	1:14.00
2	Banner, Sara	48	MOVY-MV	1:37.96
3	Prey-Luedtke, Sharill	61	LMAO-NB	1:40.00

Event 9 Men 100 Yard Butterfly

	Name	Age	Team	Seed Time
1	Price, Carson	31	LMAO-NB	1:00.00
2	Kerekes, Kevin	53	SCSCM-NB	1:07.93
3	Walsh, Dustin	48	LMAO-NB	1:13.00

Event 10 Women 50 Yard Backstroke

	Name	Age	Team	Seed Time
1	Jahn, Cassie	29	OMAHA-NB	31.23
2	Lewis, Hope	19	SCSCM-NB	34.38
3	Kirby, Jennifer	55	SDPM-SD	37.00
4	Newrones, Shaun	54	SCSCM-NB	42.10
5	Jangulo, Sallay	22	SCSCM-NB	46.26
6	Sedivy, Jan	75	CGCC-NB	1:04.10

Event 11 Men 50 Yard Backstroke

	Name	Age	Team	Seed Time
1	Sondag, Tyler	29	CGCC-NB	28.40
2	Armstrong, Joshua	49	LMAO-NB	30.00
3	LeMaster, Stan	77	SWIA-IA	39.60
4	Johnson, David	49	AQUA-CO	46.67
5	Krasser, Troy	52	SCSCM-NB	NT
6	Lowe, AJ	43	AWYY-GA	NT

Event 12 Women 100 Yard Backstroke

	Name	Age	Team	Seed Time
1	Delsenno, Kimberly	50	OMAHA-NB	1:16.00
2	Banner, Sara	48	MOVY-MV	1:27.33
3	Prey-Luedtke, Sharill	61	LMAO-NB	1:40.00

Event 13 Men 100 Yard Backstroke

	Name	Age	Team	Seed Time
1	Price, Carson	31	LMAO-NB	1:05.00
2	Walsh, Dustin	48	LMAO-NB	1:12.00
3	Kyle, Kevin	59	SDPM-SD	1:18.00
4	Johnson, David	49	AQUA-CO	1:45.60
5	Prescott, Tom	51	SWIA-IA	1:48.00

Event 14 Women 50 Yard Breaststroke

	Name	Age	Team	Seed Time
1	Jahn, Cassie	29	OMAHA-NB	35.15
2	Kirby, Jennifer	55	SDPM-SD	35.81
3	Rand, Amber	50	DSMY-IA	39.72
4	Lewis, Hope	19	SCSCM-NB	40.38
5	Anderson, Barbara	72	SCSCM-NB	56.34
6	Jangulo, Sallay	22	SCSCM-NB	56.44
7	Newrones, Shaun	54	SCSCM-NB	NT

Event 15 Men 50 Yard Breaststroke

	Name	Age	Team	Seed Time
1	Garvey, Jeff	25	UC-29-NB	28.10
2	Sondag, Tyler	29	CGCC-NB	31.50
3	Krasser, Troy	52	SCSCM-NB	34.11
4	Armstrong, Joshua	49	LMAO-NB	39.00
5	LeMaster, Stan	77	SWIA-IA	40.05
6	Johnson, David	49	AQUA-CO	50.75
7	Lowe, AJ	43	AWYY-GA	NT

Event 16 Women 100 Yard Breaststroke

	Name	Age	Team	Seed Time
1	Delsenno, Kimberly	50	OMAHA-NB	1:24.00
2	Prey-Luedtke, Sharill	61	LMAO-NB	1:50.00
3	Banner, Sara	48	MOVY-MV	1:50.71

Event 17 Men 100 Yard Breaststroke

	Name	Age	Team	Seed Time
1	Price, Carson	31	LMAO-NB	1:15.00
2	Prescott, Tom	51	SWIA-IA	1:36.00
3	Walsh, Dustin	48	LMAO-NB	1:45.00

Event 18 Women 50 Yard Freestyle

	Name	Age	Team	Seed Time
1	Jahn, Cassie	29	OMAHA-NB	25.18
2	Kirby, Jennifer	55	SDPM-SD	28.63

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Event 18 ... (Women 50 Yard Freestyle)

	Name	Age	Team	Seed Time
3	Lewis, Hope	19	SCSCM-NB	30.99
4	Newrones, Shaun	54	SCSCM-NB	36.79
5	Jangulo, Sallay	22	SCSCM-NB	37.27
6	Anderson, Barbara	72	SCSCM-NB	52.88
7	Sedivy, Jan	75	CGCC-NB	1:07.51

Event 19 Men 50 Yard Freestyle

	Name	Age	Team	Seed Time
1	Sondag, Tyler	29	CGCC-NB	24.99
2	Lowe, AJ	43	AWYY-GA	25.92
3	Armstrong, Joshua	49	LMAO-NB	27.00
4	Krasser, Troy	52	SCSCM-NB	27.49
5	LeMaster, Stan	77	SWIA-IA	31.68
6	Prescott, Tom	51	SWIA-IA	36.00
7	Johnson, David	49	AQUA-CO	55.00

Event 20 Women 100 Yard Freestyle

	Name	Age	Team	Seed Time
1	Delsenno, Kimberly	50	OMAHA-NB	1:08.00
2	Prey-Luedtke, Sharill	61	LMAO-NB	1:20.00
3	Banner, Sara	48	MOVY-MV	1:39.83
4	Sedivy, Jan	75	CGCC-NB	2:21.45

Event 21 Men 100 Yard Freestyle

	Name	Age	Team	Seed Time
1	Garvey, Jeff	25	UC-29-NB	51.36
2	Stanton, Grayson	25	UC-29-NB	53.00
3	Kerekes, Kevin	53	SCSCM-NB	57.52
4	Price, Carson	31	LMAO-NB	58.00
5	Walsh, Dustin	48	LMAO-NB	1:00.00
6	Kyle, Kevin	59	SDPM-SD	1:02.00
7	Johnson, David	49	AQUA-CO	1:36.60

Event 22 Women 200 Yard IM

	Name	Age	Team	Seed Time
1	Delsenno, Kimberly	50	OMAHA-NB	2:49.00
2	Prey-Luedtke, Sharill	61	LMAO-NB	3:15.00
3	Banner, Sara	48	MOVY-MV	3:32.29

Event 23 Men 200 Yard IM

	Name	Age	Team	Seed Time
1	Price, Carson	31	LMAO-NB	2:20.00
2	Kyle, Kevin	59	SDPM-SD	2:36.00
3	Walsh, Dustin	48	LMAO-NB	3:00.00
4	Prescott, Tom	51	SWIA-IA	3:27.00
5	Kleeman, Rolly	75	CGCC-NB	4:28.63

Event 27 Mixed 500 Yard Freestyle

	Name	Age	Team	Seed Time
1	Rand, Amber	W50	DSMY-IA	6:08.95
2	Walsh, Dustin	M48	LMAO-NB	6:21.00
3	Wells, Dave	M65	LMAO-NB	6:30.00
4	Prey-Luedtke, Sharill	W61	LMAO-NB	6:30.00
5	Delsenno, Kimberly	W50	OMAHA-NB	6:30.00
6	Kerekes, Kevin	M53	SCSCM-NB	6:38.37
7	Jangulo, Sallay	W22	SCSCM-NB	7:40.58
8	Johnson, David	M49	AQUA-CO	NT